**BURNHAM SURGERY … PATIENT GROUP … ( PPG )**

The Burnham Surgery, Foundry Lane, Burnham-on-Crouch, Essex. CM0 8SJ

News from Burnham Surgery PPG February meeting

Here we are again! It is SPRING CLEANING time for all of us patients.

Our focus for March is to save Burnham Surgery from providing unwanted medications for any of us, which can become a very costly action. This is the plan.

On Thursday March 14th between 9am and 4.30pm we will be at the surgery with a big box to collect all your big bags full of unwanted medications. Your job is to just Spring Clean your medicine cupboard and bedroom draws etc put any medication you find into the big bag and bring it to us at the Surgery. We will be so pleased to see you. Another thing you can do, which is very helpful, is to always check what your pharmacy is ordering for next month BEFORE you leave, cross off any items that you do not require for the following month.

Look forward to seeing you all with your bags on Thursday March 14th

Now for the rest of our news. We conducted a survey of how the patients use the posters and leaflets in the Surgery. 191 patients took part and 51% of these said they looked at the posters but only 51% of these people found them useful. 31% of people said they looked at leaflets in the surgery and 60% of these found them useful once they had been found. There was much useful advice about how to improve the posters and leaflets. The PPG are going to try to title and categorise the posters and leaflets so that information is easier to find, rather than them be like ‘overwhelming wallpaper’ as several people described them.

Have you looked at Burnham Surgery Web page lately? Well, it is worth checking as there is lots more information available now and you can easily join the Virtual PPG. You could then have a say about what we are doing to help the Surgery. This month seven people have joined us to help and we are looking forward to hearing their comments about the monthly meeting Minutes, so that their ideas can also be expressed. PPG have a Health Champion (PPG access to Mid-Essex Clinical Commissioning Group) coming to discuss the Dengie health needs with the prospects of increased population in the peninsular. Also, the problems with ear care and leg ulcer care which we spoke about last month. We will tell you about this and the proposed Health Exhibition next time. However, we would be pleased to hear what you think about local health services, transport, people who do not turn up for appointments that are needed for other people etc. (total of 161 this month). What about all the changes to the health services such as Social Prescribing, Live-well, Healthwatch, Silver Cloud? Do you know about any of these services?

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506 words